

Alongside Hope

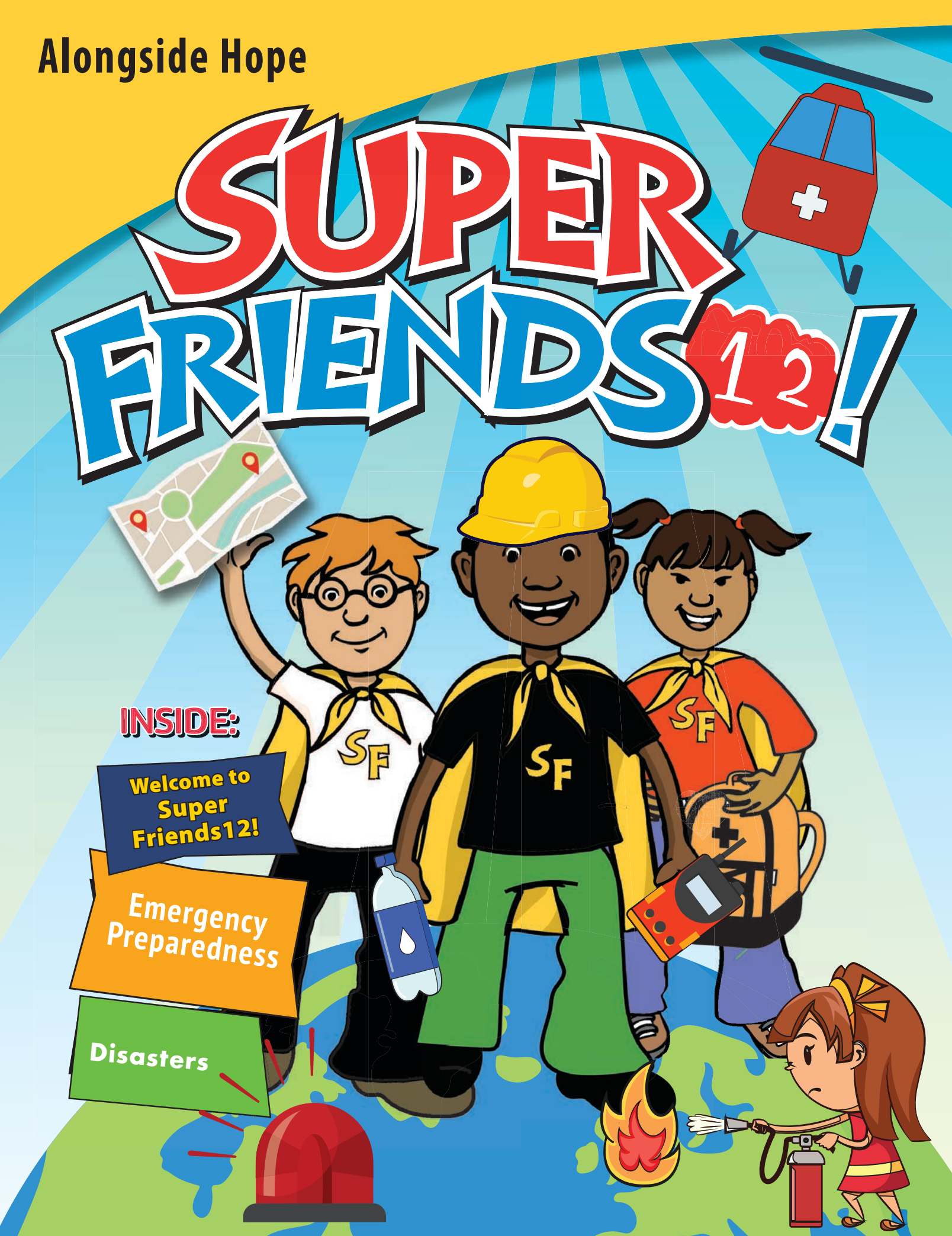
# SUPER FRIENDS 12!

INSIDE:

Welcome to  
Super  
Friends12!

Emergency  
Preparedness

Disasters



# Welcome to **SUPER FRIENDS 12!**

In the beginning...  
The origin story  
of Alongside Hope is not  
too far from where  
the story continues today.

It started when there was  
an emergency in Springhill Nova  
Scotia, there had been an earthquake  
at a coal mine and Anglicans from  
across Turtle Island wanted to help  
the families and community affected.

One year later, Alongside Hope was  
established by the Anglican Church of  
Canada.

## Today **Alongside Hope** supports communities around the world.

As people we are empathetic, that means we care. Empathy is a kind of superpower that helps us see when people and the environment are sad, hurt or in pain.

Alongside Hope helps Canadians respond to the needs identified by a community, in many different ways, in Canada or far away.

### What is a Disaster?

A disaster is something that could hurt people, cause damage, or power outages, cellular outages etc. Alone, these are not a disaster or even necessarily an emergency.

### How is an emergency different from a disaster?

A disaster affects a lot of people and causes a lot of emergencies. Whether it's a disaster, emergency, or hazard, we all need to be prepared.



### Jesuit Prayer

Holy One, you are our comfort and strength in times of sudden disaster, crisis, or chaos. Surround us now with your grace and peace through storm or earthquake, fire or flood.

By your Spirit, lift up those who have fallen, sustain those who work to rescue or rebuild, and fill us with the hope of your new creation; through you, our rock and redeemer.

# Nature is an incredibly BEAUTIFUL thing



## Rain

- Helps plants grow big and strong
- Fills up puddles for splashing
- Gives us water to drink and play with
- Keeps our earth fresh and clean



## Wind

- Helps plants make seeds
- Makes it fun to fly kites and sail boats
- Allows us to surf and play in the water
- Generates electricity for our homes



## Fire

- Keeps us warm and cozy
- Clears away old plants to make room for new ones
- Helps us cook yummy food
- Keeps us safe by providing light in the dark

## Get ready for emergencies

When you do an activity, you prepare yourself, you make sure you have all the equipment you need, that it works and that you will be able to participate fully.

When it comes to emergency preparedness the same things are important. When people prepare, and practice, they know what to do. Everyone is better able to respond.

In an emergency there are many people who work to help.:



- Local emergency response teams,
- Red Cross volunteers,
- police officers,
- firefighters,
- parent or guardian,
- teachers,
- neighbours,
- doctors and
- hydro workers

## Nature can also be POWERFUL. Are you prepared?

Think about your favourite activity. What do you need to do that activity safely?

1. Activity: \_\_\_\_\_

Safety measures: \_\_\_\_\_

2. Activity: \_\_\_\_\_

Safety measures: \_\_\_\_\_

3. Activity : \_\_\_\_\_

Safety measures: \_\_\_\_\_

4. Activity: \_\_\_\_\_

Safety measures: \_\_\_\_\_

5. Activity: \_\_\_\_\_

Safety measures: \_\_\_\_\_



**Q.** Where does a sheep get its fleece cut?

**A.** The baa-baa shop!





# Fires

## Camp OAC

Diocese of Kootenay, British Columbia

By Charlotte Hardy



Back in August 2023 Okanagan Anglican Camp (OAC) burnt in the McDougal creek fire. We lost 28 of 33 structures that were on site. Not even 2 hours after the staff and campers of OAC evacuated camp, we got word that the fire jumped the lake to the Kelowna side. Our homes were now in danger as well as our beloved camp. This was very scary, but **staying calm** is one of the most important steps to a successful and **safe evacuation**. **Being prepared** to be evacuated from anywhere is never easy but it is important to be prepared. Sitting down with someone in charge and **creating a plan** for the disaster that can approach at any moment is one way to be prepared.



### Who is grabbing what?

Is anything packed as soon as fire season approaches?

What do you think is important to bring with you  
vs what can be replaced?

It is very reassuring to be prepared for the fires that are ablaze in Canada throughout our hot months. Having a bag packed with your important belongings for your loved ones to grab for you if you are not home, or just ready for quick access brings a peace of mind for anyone who lives in fire zones. Just as quickly as a fire pops up you may have to leave your home. Having a plan in place with your loved ones and family helps keep a calm and collected environment in case the situation arises that you must evacuate. Having a few safe houses and zones lined up to go to if anything happens helps with ensuring peace of mind. Staying safe in fire season in Canada means being prepared and having plans set for you and your family before the situation of evacuating ever even arises.

### Read this story.

**Youth Profile: Cody Baptiste, from Berens River First Nation, in Manitoba, 15 years old.**  
**PROFILE — This First Nations teen is fighting wildfires in Manitoba | story | Kids News (cbc.ca)**



## Community Map Activity

- With an adult, draw or print a map of your community:
- Identify on the map landmarks, places of interest, parks, large open spaces, high ground
- Your school, church, police station, fire station, hospital, grocery store, foodbank,
- What do each of these places do?
- What are their roles within the community?
- How do they help with the health and well-being of residents?



# Earthquakes



## An Earthquake in the Philippines

By Jacqueline Tingle

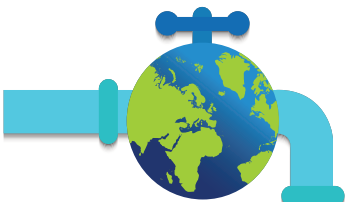
In July 2022, a powerful earthquake struck the Philippines, causing destruction and damaging water systems in several communities. Without access to clean water, daily life became a struggle for many families.

CorDis, a local organization, partnered with Alongside Hope and other groups to build new water systems in the affected communities. With funding from the Canadian Funds for Local Initiative and other sources, they worked together to bring clean water back to the Filipino people.

Four new water systems were built in Pugo, Topap, and Agimitan, providing clean water to 81 families and several schools. This project has made a significant impact on the daily lives of over 500 people.

Local community members played an important role in building the new water systems. They worked together with CorDis and other partners to ensure the project's success.

Clean water is essential for daily life. This project has improved the health, well-being, and quality of life for many families in the Philippines. It's a reminder that access to clean water is a fundamental right, and we must continue to work together to ensure it's available to all.



**Clean water is essential for daily life!**

Scan this QR code to learn more.



**Morse code** is an alphabet or code where letters are represented by combinations of long and short signals of light or sound. Morse code is still used today in amateur radio, and especially during emergencies when other methods fail. It also helps individuals with disabilities in expressing themselves through special devices. In the military and aviation, Morse code provides a safe and reliable way to communicate.

### Can you decode this?

Using the alphabet below decode this morse code message:



#### MORSE A CODE

<u>B</u>	<u>C</u>	<u>D</u>	<u>E</u>	<u>F</u>
<u>G</u>	<u>H</u>	<u>I</u>	<u>J</u>	<u>K</u>
<u>L</u>	<u>M</u>	<u>N</u>	<u>O</u>	<u>P</u>
<u>Q</u>	<u>R</u>	<u>S</u>	<u>T</u>	<u>U</u>
<u>V</u>	<u>W</u>	<u>X</u>	<u>Y</u>	<u>Z</u>

ANSWER: Knowledge is power



# Be Prepared

By Rev. Barbara Boon

No matter how old or young we are we can all do our part to be prepared in case something unexpected happens. We can do things to help us be safe. Being prepared can help you stay calm if you know what to do. It's important to talk to the adults in your home about some possible situations, Storm, fire, earthquake, getting lost. It helps you and your guardian if everyone knows what to do in case of an emergency. Review your plan together at least once a year to help everyone remember, maybe pick a day like your birthday so it doesn't get forgotten.

## Some things to help you remember:

- 1 If there is a **fire** always leave the building. Never try to look for a place to hide in the building and don't wander around looking for your favorite toy. Talk to your adult about where to meet outside if a fire were to take place in your home or community.
- 2 If you live somewhere where there could be a **hurricane**, a **tornado** or just strong damaging winds ask your parents where would be the safest place in your house. Don't go outside where you could get hurt by things blowing around, or falling trees.
- 3 If you are going in a **large park** or an area with **hiking trails** it's important to stay with your group, but also have some things with you in case you get separated or lost. Carry a small backpack with

your own bottle of water and a snack, maybe a granola bar; and a piece of paper with the phone number of your adult. Pack something to keep you warm and dry. A large brightly colored plastic bag, it folds up small and is not heavy. Before you leave home cut a hole out of the middle of the bottom of the bag so you can pull it down over your head. This will help you stay warm and dry. If you get separated from your group and think you are lost find a tree to sit under and stay there until someone finds you.

- 4 If you go to a place where there will be **a lot of people**, like a shopping mall, a large playground or carnival with your adult, identify a place where you should go if you get separated. This way you will all know where to meet up if you get separated.

F	F	I	I	J	X	H	V	Y	M	A	V	I	J	A	H	G	W	S	C
V	C	I	I	U	J	B	F	Q	O	V	N	D	Z	M	X	E	X	H	T
E	R	F	U	N	W	L	F	F	P	C	A	S	H	N	P	Q	J	Z	Y
G	E	E	L	O	U	A	P	D	E	T	S	A	P	H	T	O	O	T	L
R	X	X	G	S	N	N	Q	R	N	S	U	C	I	H	E	Y	Q	G	I
A	Q	W	I	V	Z	K	F	D	G	E	R	V	F	A	S	Q	Q	E	Y
N	C	O	H	J	V	E	Q	F	X	I	D	A	T	Z	W	L	E	R	R
O	M	T	J	C	Y	T	C	R	Y	R	S	F	A	L	I	U	I	A	Q
L	U	Y	O	Z	B	Y	S	U	O	E	C	J	K	P	V	E	D	P	E
A	H	T	F	O	J	N	I	L	C	T	J	I	F	O	Q	I	L	E	J
B	D	H	O	F	T	L	Z	Z	G	T	O	W	M	F	O	B	I	R	Z
A	M	K	Q	I	V	H	B	F	L	A	S	H	L	I	G	H	T	P	X
R	D	E	O	G	U	Z	B	F	A	B	K	A	A	A	L	N	A	L	P
S	F	T	L	J	B	G	C	R	T	J	L	J	A	Y	M	A	Y	O	U
E	A	R	B	F	E	L	P	Q	U	Q	A	Q	R	H	F	D	G	F	M
X	Y	C	Q	Y	O	W	X	V	Z	S	T	L	C	R	A	Y	O	N	S
X	A	V	C	T	J	X	I	U	T	N	H	B	Z	Y	E	O	N	P	H
R	S	Z	H	Y	P	G	R	N	N	J	F	B	K	B	D	G	N	K	G
Y	B	S	U	Q	N	D	I	A	T	S	R	I	F	U	W	A	T	E	R
S	W	X	H	I	T	L	Z	Q	T	G	G	R	P	B	O	K	M	X	

Find these words

BATTERIES  
BLANKET  
BOOK  
CASH  
CLOTHS  
CRAYONS  
FIRSTAID  
FLASHLIGHT  
FOOD  
GRANOLABARS  
TOOTHBRUSH  
TOOTHPASTE  
PREPARE  
PLAN  
RADIO  
TALK  
WATER



## Youtube Videos

Disaster Dodgers:  
Introduction to  
Emergency Planning  
(youtube.com)  
Q&A — How to deal  
with wildfire anxiety |  
story | Kids News (cbc.  
ca)  
How Wildfires Help!  
| Science for Kids  
(youtube.com)



Play this puzzle online at : <https://easywordsearchmaker.com/preview/3r4he8q>



# Emergency Contact List

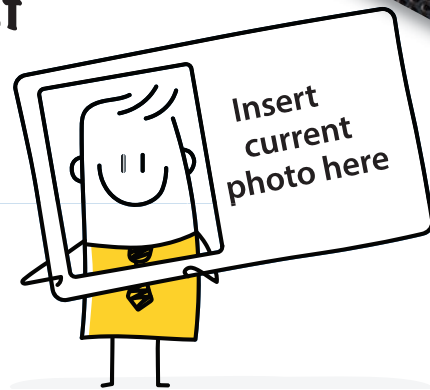
## Personal Information

Child's Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Adult's Name \_\_\_\_\_

I am the child's ☐ Parent ☐ Grandparent ☐ Legal Guardian



## Phone Numbers

Home \_\_\_\_\_

Cell \_\_\_\_\_

Work \_\_\_\_\_

## Medical Information

Medications \_\_\_\_\_

\_\_\_\_\_

Allergies \_\_\_\_\_

\_\_\_\_\_

# How to Use

## Tips for Parents and Teachers

# SUPER FRIENDS

say thank you!



- Share your child's copy of SuperFriends12! with your friends, family and teachers.
- Use SuperFriends12! for children's time during worship, Sunday school or Vacation Bible School.
- Meet with worship leaders to discuss SuperFriends12! and how topics raised, such as peace/conflict, can be explored with the entire congregation. Talk about including children in the offertory time or in a time for mission.

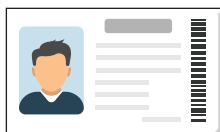
- Read it at home with children and do some of the activities together.
- Be creative – suggest that children write a prayer for Alongside Hope SuperFriends and partners – and send it to Alongside Hope.
- Tour the website with your children and learn more about Alongside Hope – together! [www.alongsidehope.org](http://www.alongsidehope.org)
- Consider a Sunday school fundraising project to support Alongside Hope's work with Indigenous programs and partnerships.



## Just in Case

Are you prepared?

☐ Identification



☐ Backpack



☐ Spare clothes



☐ Fun food or treats



☐ Blanket



☐ Water



☐ Stuffed toy



☐ Emergency plan



☐ book



☐ Crayons



## Preparedness making websites and videos

- Making an emergency kit - Canada.ca
- Ready Kids | Ready.gov
- <https://www.canada.ca/en/public-health/services/emergency-preparedness.html>



**SuperFriends Feedback:** As we look to keep resources current and ensure they are meeting the needs of users, we are seeking feedback on SuperFriends. Thank you for taking the time to help us do this. Please distinguish adult responses from youth responses. Visit <https://forms.gle/Lhj7MkVRfb9h48Pk8>



**Alongside Hope**

Anglicans and partners working for change in Canada and around the world

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